

Allergy Skin Testing Instructions

Medications

- Persons scheduled for skin testing should not take antihistamines or medications containing antihistamines for at least 5 days prior to being tested. Antihistamines are often found in cold or allergy medicines. You may continue decongestants, mucous thinners, and **most** nasal sprays. If you are not sure please ask your pharmacist.
- **DO NOT Stop Taking Asthma Medications And Drugs For All Other Medical Conditions.**
- **DO NOT Stop Taking Any of the Medications Given To Treat Hives or Rashes.**

Listed below are *some* common antihistamines. Please check the ingredients on the package or ask your pharmacist. Items in lower case are generic drug names.

Actifed	Claritin, Claritin D	Pamprin (pyrilamine)
Advil PM	clemastine	Patanase nasal spray
Aleve PM	CoTylenol	PBZ
Allegra, Allegra D	cyproheptadine	Periactin
Allerx	desloratadine	Pyrilamine
Astelin nasal spray	Dimetane	Rondec
Astepro nasal spray	Dimetapp	Semprex D
Atarax	diphenhydramine	Tavist, Tavist D
Atrohist	doxepin	Teldrin
Azatadine	Dristan	Trinalin
azelastine	Dymista	tripelennamine
Benadryl	fexofenadine	triprolidine
Bromphed	hydroxyzine	Tylenol PM
brompheniramine	levocetirizine	Unidecon
carbinoxamine	loratadine, loratadine D	Vistaril
cetirizine, cetirizine D	Midol (pyrilamine)	Xyzal
chlorpheniramine	Nolamine	Zyrtec, Zyrtec D
ChlorTrimeton	Nyquil	ZzzQuil
Clarinex, Clarinex D	Optimine	

- Wear short sleeves on the day of the testing.
- Do not place lotion on your body the day of the testing.
- Plan on being in the office for 1-2 hours.
- Patients under 18 years of age must be accompanied by a parent/legal guardian.
- If you have any questions please call the medical message line at 410-760-8840 ext. 5245.

ADMINISTRATIVE OFFICE

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