

ALLERGY SKIN TESTING INSTRUCTIONS

Medications

- Persons scheduled for skin testing should not take antihistamines or medications containing antihistamines for at least 5 days prior to being tested. Antihistamines are often found in cold or allergy medicines. You may continue decongestants, mucous thinners, and **most** nasal sprays. If you are not sure please ask your pharmacist.
- **DO NOT stop taking asthma medications and drugs for all other medical conditions.**
- **DO NOT stop taking any of the medications given to treat hives or rashes.**

Listed below are *some* common antihistamines. Please check the ingredients on the package or ask your pharmacist. Items in lower case are generic drug names.

Actifed	Clarinet, Clarinet D	Patanase nasal spray
Advil PM	Claritin, Claritin D	PBZ
Allegra, Allegra D	clemastine	Periactin
Allerx	CoTylenol	Rondec
Astelin nasal spray	cyproheptadine	Semprex D
Astepro nasal spray	desloratadine	Tavist, Tavist D
Atarax	Dimetane	Teldrin
Atrohist	Dimetapp	Trinalin
azatadine	Diphenhydramine	tripelennamine
Benadryl	Dristan	triprolidine
Bromphed	fexofenadine	Tylenol PM
brompheniramine	hydroxyzine	Unidecon
carbinoxamine	loratadine, loratadine D	Vistaril
cetirizine	Nolamine	Xyzal
chlorpheniramine	Nyquil	Zyrtec, Zyrtec D
ChlorTrimeton	Optimine	

- Please wear short sleeves on the day of the test.
- Plan on being in the office for 1-2 hours.
- Patients under 18 years of age must be accompanied by a parent/legal guardian.
- If you have any questions please call the medical message line at 410-760-8840 ext. 5245.

ADMINISTRATIVE OFFICE

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